

Moving On

Independent Living

P.S.H.E.
Citizenship
Leisure and Recreation
Daily Living Skills



Adventurer



World Studies

Preview

Science

Heating and cooling

Electricity and
man-made energy

Mini beasts and
insects

Technology

Hats and/or masks

Changing basic
food recipes

Design and
decoration

Foreign Cultures

European culture
Language

Lifestyles

Wider culture

Creativity

Music - making and
using instruments

Art - sculpture

Drama - Mime and
role play

Humanities

Religions worship
and festivals

Sea, rivers and lakes

Kings and queens

Independent Living

Personal, Social and Health Education

Road safety

Personal hygiene

Sexuality education/
reproduction

Citizenship

The emergency services

Local current affairs

Local environmental
issues

Leisure and Recreation

School lunch-time or
after school club

Dance

Aromatherapy/ beauty
therapy

Daily Living Skills

House/indoor
gardening

Preparing snacks

Cleaning routines

Vocational Studies

Work Related Learning

Team work at school

A job study

Safety in school

Careers Education & Guidance / Post School Planning

Preparing a one page profile

Setting personal targets

Potential after school placements

Adventurer

Independent Living Course Content

Personal, Social and Health Education

- a. Road Safety
- b. Personal hygiene
- c. Sexuality education/reproduction

Citizenship

- a. The emergency services
- b. Local current affairs
- c. Local environmental issues

Leisure and Recreation

- a. School lunch-time or after school club
- b. Dance
- c. Aromatherapy/beauty therapy

Daily Living Skills

- a. House/indoor gardening
- b. Preparing snacks
- c. Cleaning routines

Programme: Adventurer

Course of Study: Independent Living

Subject Area: Personal, Social and Health Education

Unit Content:

a. Road safety

The student will learn about and experience road safety.

b. Personal hygiene

The student will learn about and experience personal hygiene.

c. Sexuality education/reproduction

The student will learn about and experience sexuality education/reproduction.

Resources

Road safety

<http://www.rospa.com/roadsafety/resources/teachers/schoolassemblysongs/default.aspx> -

ROSPA road safety downloads

<http://www.crucial-crew.org/> - Health and safety organisation

Personal hygiene

<http://www.inclusive.co.uk> – commercial software and hardware resources for KS 1

[http://www.bbc.co.uk/learningzone/clips/SEN.Skills.for.Life/all/all/all/page-](http://www.bbc.co.uk/learningzone/clips/SEN.Skills.for.Life/all/all/all/page-1.html?pagesize=12&format=list)

[1.html?pagesize=12&format=list](http://www.bbc.co.uk/learningzone/clips/SEN.Skills.for.Life/all/all/all/page-1.html?pagesize=12&format=list) – BBC videos for students with learning difficulties

Sexuality education/reproduction

<http://www.me-and-us.co.uk/sreld/index.html> - commercial SRE resource for students with learning difficulties