

Moving On

Independent Living

P.S.H.E.
Citizenship
Leisure and Recreation
Daily Living Skills



Voyager

Moving On Voyager

esSENTials **14+**
• for life •

World Studies

Preview

Science

The Human Body

Forces

Climate and
Climate Change

Technology

Fashion

Food for Sale
and Packaging

Jewellery

Foreign Cultures

The New World:

Language

Lifestyles

Wider Culture

Creativity

Composing Music

Abstract Art
Techniques

Puppets

Humanities

Notable Local
People

Maps and
Getting Around

Family History

Independent Living

Personal, Social and Health Education

Advocacy and
Self Expression

Personal Safety

Travel Training

Citizenship

Global Dimension

School Newsletter/
Council

World Organisations

Leisure and Recreation

Using Technology
for Leisure

Sport in the Community

Therapy

Daily Living Skills

Seasonal and Local
Foods and Plants

Eating Out

Time Management

Vocational Studies

Work Skills

Salaries, Wages and Allowances

Understanding Work

Economic Wellbeing

Careers Education & Guidance / Post School Planning

Anti-bullying

Seeking Support from External Agencies

Dealing with Emergencies

Voyager

Independent Living Course Content

Personal, Social and Health Education

- a. Advocacy and Self Expression
- b. Personal Safety
- c. Travel Training

Citizenship

- a. Global Dimension
- b. School Newsletter/Council
- c. World Organisations

Leisure and Recreation

- a. Using Technology for Leisure
- b. Sport in the Community
- c. Therapy

Daily Living Skills

- a. Seasonal and Local Foods and Plants
- b. Eating Out
- c. Time Management

Programme: Voyager

Course of Study: Independent Living

Subject Area: Personal, Social and Health Education

Unit Content:

a. Advocacy and Self Expression

The student will learn about and experience advocacy and self expression.

b. Personal Safety

The student will learn about and experience personal safety.

c. Travel Training

The student will learn about and experience travel training.

Resources

Advocacy and Self Expression

Valuing People First legislation available in easy read version

www.valuingpeople.gov.uk

Advocacy from British Institute for Learning Disabilities

www.bild.org.uk

Advocacy

www.aboutlearningdisabilities.co.uk

Personal Safety

Mencap have a range of documents to support activities

Refer to Sexuality Documentation

Travel Training

Individual Local Authorities Independent Travel training programmes

Mencap